



THE SEA BREEZE

Sawgrass Women's Club Monthly Newsletter

March, 2022

PRESIDENT'S MESSAGE



Happy Spring



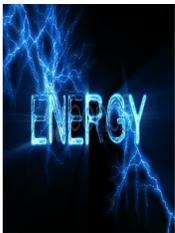
Refresh - Greetings everyone! March is always a busy month bringing exciting events like The Players Championship, St Patricks Day & Easter holidays. But it's also the official start of spring (March 20th) which reminds me to tend to my garden - both outside AND inside! Plant seeds (intentions)- but also pick weeds (negativity). Practice some refreshment and renewal. Let's ROCK this spring together.



Observation - Sawgrass Women's Club is living up to its motto of "Fostering Fun" when considering the slate of activities scheduled. Mark your calendars and join us for our general meeting on the 14th, a trip to White Oak Conservation, Girls Night out at The Preserved, a guided tour of the Cummer Museum, Every Day, Holy Day workshop series & Fun with Flowers. Plus our regular monthly gatherings of Needlers, Mahjongg, Bridge, Storied Lives, Book Club, & Happy Hour. Save the dates for our popular Fashion Show & Luncheon on April 20th and our End of the Year Meeting Party/Installation Lunch on May 11.



Clover - St Patrick's Day is March 17th and the same week as our General Meeting. Let's make it festive - wear green and celebrate good fortune with friends. Don't cost nothin'! P.S. It's also National Pi/Pie Day the 14th. EAT PIE.



Kinetic: ADJECTIVE Relating to or resulting from motion.

Synonyms:

Driving - impelling - propelling - propulsive - operative - moving - Thanks for being a member of SWC and part of our kinetic energy this year! Let me know what's on your mind. Email me at EliseBeard@msn.com

Carpe Diem ~ Seize the day,

Elise



Join us for the Sawgrass Women's Club
March 14, 2022

Sawgrass Clubhouse

10:30 Social

11:00 Meeting & Program:

Brandy Carvalho, Director of Development and Advancement

Reserve on-line at www.sawgrasswomensclub.com

Contact Gail Nangle with questions

We are delighted to welcome White Oak Conservation as our March general meeting guest. Our speaker, Brandy Carvalho, is the Director of Development and Advancement for White Oak Conservation. She started working at White Oak in 2007, after graduating from UF with a degree in Public Relations/Wildlife, Ecology and Conservation. Her favorite part of her job is seeing the connection that people can make with wildlife, creating lifelong memories and fueling interest in conservation.

White oak, which is part of Walter Conservation, is a one of a kind center for conservation. With 17,000 acres in Northeastern Florida, it has long been dedicated to the conservation and care of endangered and threatened species, including rhinoceros, okapi, bongos, zebras, condors, dama gazelles and cheetahs.

In the US, White Oak collaborates with federal and state agencies on species recovery and release efforts for Florida panthers, Florida grasshopper sparrows, Mississippi sandhill cranes and whooping cranes. In addition to native species, 18 endangered and critically endangered species have a safe haven in spacious, natural enclosures at White Oak.

In 2013, Mark and Kimbra Walters purchased White Oak. Through their Walter Conservation, efforts include, improving the quality of life of individual animals, recovering rare species, restoring ecosystems and protecting wilderness areas. Thus far, their philanthropy protects important areas in North America and Africa, protecting important wild populations of African elephants, rhinos, lions and many other species. The Walter Conservation approach is to protect and preserve large wild areas, provide wildlife security and management, to collaborate with local residents and host country governments and to invest in sustainable enterprises.



Please join us for this very interesting as well as informative program.

After Hours

Brittany Darling

After Hours Happy Hour

Date: Wednesday, March 16th

Time: 5:00 pm – 7:00 pm

Place: The Pavilion



No RSVP required, just show up! Join us for an informal happy hour at the Pavilion! We'll meet by the fireplace, and if it's too cold, we'll go into Topsider. Come and socialize with other members!



Dinner at Preserved!

Date – Wednesday, March 2nd

Time – 6:30pm

Place – Preserved in St. Augustine 102 Bridge Street, St. Augustine, FL 32084

Seating is limited to 24 people. Join us for a night of delicious food with girlfriends at a premier St. Augustine favorite, Preserved. Because of the number, the chef has prepared a prix fixe menu with apps, entrée, dessert, and nonalcoholic drinks for \$100 per person (includes gratuity!). Please email Brittany Darling to sign up: brittany.rogers.2008@gmail.com.

Dinner and Social Hour by the Fire!

Date: March 30th

Time: 6:00 pm

Place: Trish Lang's house, 2060 Oak Hammock Drive



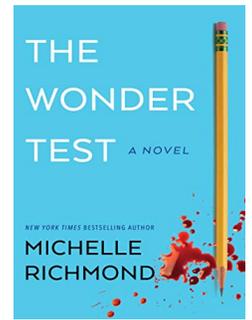
Join us for a cozy fire, boxed dinner, S'mores, and wine with friends!

Boxed dinner will be lobster roll, chips, and a bottle of water prepared by Sawgrass. S'mores provided by the Women's Club. BYOB! Cost will be \$20++. No limit to the amount that can sign up, but a final count is needed one week prior to event. Contact Brittany.rogers.2008@gmail.com.

Book Club

Nan Healy, Suzie Maxson

Book Club will meet on Tuesday, March 22nd, at 4:00 pm, at the Beach Club. Our selection this month is The Wonder Test by Michelle Richmond, a gripping thriller with a searing view of our culture and a tale of the lengths a loving mother will go for her son. For more information, contact Nan Healy, nankhealy@gmail.com or Suzie Maxson, maxsonsuzanne1@gmail.com.



Storied Lives

Nan Healy

Storied Lives will meet on Tuesday, March 15th, at 10:00 a.m. at the Beach Club. Our storytelling prompt is to write about a time you had buyer's remorse! For more information, contact Nan Healy, at nankhealy@gmail.com or (904) 318 5114.



DayTrippers

Barbara Maletz

Please join us at the **Cummer Museum** in Jacksonville on Thursday, March 17th. Starting at 11:00 am, we will enjoy a 1-hour guided tour of the museum's collection

followed by lunch at noon on the patio of the museum's cafe. Your \$30 fee includes the tour and lunch (choice



of three menus) as well as admission to the museum for the entire day for those who would like more time to explore the lovely gardens and the wonderful museum shop. Space is limited and registration deadline is March 2nd, so sign-up now on the Sawgrass Women's Club website (www.sawgrasswomensclub.com).

For more information, or if you would like to join us, please contact Barbara Maletz barbara.maletz@gmail.com or 551-580-0039 (voice or text).

Special Event

Trish Arnett

"Look deep into nature, and then you will understand everything better." -Albert Einstein



You are invited to an open-air vehicle Safari & Gourmet Lunch at the **White Oaks Conservation in Yulee, Florida** on **Tuesday, March 29th at 11:45 am.**

Price will be \$120 plus tax & fees

Sign-ups will be on-line only. There are 40 spots available. Carpooling encouraged.

Please contact Trish Arnett at arnett82@gmail.com with questions.

Needlers

Joyce Miller

On **March 9th**, from **1:00 - 3:00 pm**, the Needlers will meet with their knit, crochet, needlepoint, and other needlecraft projects either at the **Beach Club Alcove** or **Pavilion**, depending upon the weather. Our crafty Needlers get together on the second Wednesday of the month. If you would like to join the Needlers, but this is not a convenient time, kindly contact Joyce Miller by email: joyceamiller@icloud.com



Fun with Flowers

Felicia Mellon

Date: **Sunday, March 6th**

Time: **1:00 pm – 3:00 pm**

Location: **Sawgrass Clubhouse**

Cost: **\$40 per person (includes supplies).**

Reservations will close once 40 paid registrations are received or after 2/26, whichever comes first. Sign up online or contact Felicia Mellon at 904-382-1140 or Feliciajm@gmail.com .



Mahjongg

Kearby Parker



SWC Mahjongg players meet in the **Atrium at the Clubhouse** on **Mondays** from **1:00 – 4:00 pm** for drop-in games. Beginners to advanced players are welcome. If you have not already done so, please join our email group by contacting Kearby at kearbyparker@gmail.com to receive current information.

Save the Date

“End of the Year” Luncheon and Installation of the new Board of Directors will be held on **May 11, 2022**, at the Golf Clubhouse. Social will be at 10:30 am and the meeting and luncheon at 11:00 am.



Duplicate Bridge Marathon

Fran Seur



The SWC Duplicate Bridge Marathon will complete its 2021-2022 season by the end of March. We will have played 11 sessions, occurring two times each month. Once all sessions

have been completed, we will announce the winners and their prizes. The winners are those who had the highest scores over the 11 sessions.

The SWC Duplicate Bridge game is a sanctioned tournament. We have an excellent director and players who score 1st, 2nd, and 3rd, receive master points from the American Contract Bridge League (ACBL). We had 34 players for the 2021-2222 season. Although competitive, it is a nice group of ladies who play under no pressure. Stay tuned for the announcement of our winners! We look forward to more ladies joining us next year.

Every Day, Holy Day

Donna Berger

Event: Every Day, Holy Day Workshop led by Sawgrass Women's Club Member Donna Berger

Date: Wednesday March 16th, 23rd, 30th, and April 6th

Time: 3:00 pm – 4:00 pm

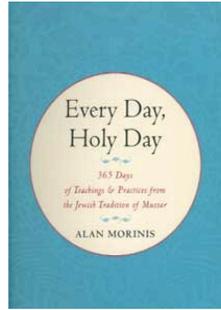
Location: Golf Clubhouse/ Miller Room

Cost: FREE except the cost to order your book. \$22 on Amazon.

Limit: 20 people.

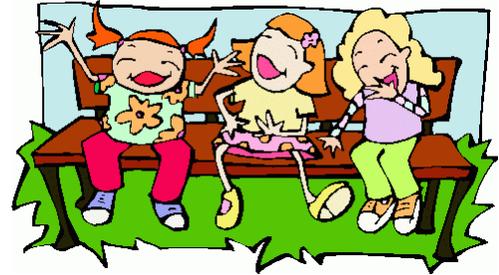
Sign - up: Begins February 16th in person at the SWC luncheon or on line.

Details about the event: *Every Day, Holy Day* is a book we will read and discuss. It is about something that concerns us all: bettering ourselves spiritually in whichever form you consider your higher power to be. The program laid out in this book focuses on 26-character traits such as loving, kindness, strength, generosity, compassion, honor, and equanimity—each of which takes center stage for a week of contemplation and exercises, in order to develop and refine that quality in yourself. It is remarkably simple, furthering your mindfulness and reconnecting with your soul. Contact: Donna Berger at gwberger@comcast.net / 904 614-4171.



Loosen up with Laughter Yoga Nan Healy

Join us for an amazing session with certified Laughter Yoga instructor, Amy Angelilli! Laughter Yoga is a mind-body combination of clapping, laughter exercises, deep breathing, meditation and relaxation techniques to enhance health and happiness. The benefits of this exercise are many – increased blood circulation, kicked depression, reduced blood pressure, alleviated stress, released endorphins, increased oxygen flow, and built community. May be done from a mat or a chair. No experience with yoga necessary! We will meet on **Monday, March 21st** from **3:00 pm - 4:00 pm** at the **Fitness Center**. Cost is \$35 per person. For more information contact Nan Healy at 904-318-5114 or nankhealy@gmail.com.



Sharon Jones

sjonespvb@outlook.com

904-613-4950

Did the fairies ever whisper in your ear that a four-leaf clover brought good luck to the finder? The Sawgrass fairies must have because we have some “lucky” new members. Our club is at a total of 415.



Our new members are Anne Beattie, Dorothy Gordon, Marlene Melcher, Diana Rawle, Laura, Shearer, Kathryn Tanksley, Deborah Tanzler, Michelle Tredinnick, Jennifer Dellavecchia, Ana Reyes, Kathy Walsh, and Julia Sturm. Welcome Ladies.

Our “lucky” March birthdays: 3/1 Judy Kontny; 3/6 Francine Pauley, Angela Chandler; 3/7 Frankie Felty, Susan Walker; 3/8 Sharon Jones; 3/9 Ann Beattie; 3/10 Lynn Gordon; 3/11 Mary Herald; 3/12 Betsy Dykstra, Marilynna Vianna; 3/13 Celeste Graneto, Terry Heard, Stephanie Sabato; 3/14 Karen Hawk, Michelle Tredinnick; 3/15 Shanel Pontigo, Suzanne Trammell; 3/17 Cindy Feeley, Katherine Ham; 3/18 Mildred Kelly, Susan Latshaw; 3/19 Carolyn Derby, Janet McNamara; 3/20 Rosemary Crimmins, Lori Sutton; 3/21 Becky Dykstra, Michelle Frey, Colleen Makey; 3/22 Charlene Gabjewski, Ann Williams; 3/24 Leah Atkinson; 3/25 Annie Cunero; 3/26 Sandy Eyster, Francie Peters, Susan Merrill, Sandy Tokarz; 3/28 Christina Felsing, Maggie Wyand; 3/29 Susie Maxson; 3/31 Michelle Purdy.

Remember to always visit our Facebook page:

[Sawgrasswomensclubpontevedrabeach](https://www.facebook.com/Sawgrasswomensclubpontevedrabeach) and our website www.sawgrasswomensclub.com

2021-2022 Officers

President - Elise Beard

1st Vice President, Programs - Gail Nangle

2nd Vice President, Membership - Sharon Jones

3rd Vice President, After Hours - Brittany Darling

Treasurer - Cindy Feeley

Recording Secretary - Suzie Maxson

Corresponding Secretary/Master Calendar - Lisa Grabeman

Parliamentarian - Laura Torrey Kettell

Advisory Board

Arts & Crafts - Open

Book Club - Nan Healy, Suzie Maxson

Bridge, Chicago - Karla Dunham

Bridge, Duplicate - Fran Serur, Lindley Rhodes

Bunco - Jocelyn Becksmith

Communication/Email - Mary Jean Spegal

DayTrippers - Barbara Maletz

Decorations - Ann Morgan

Fashion Show - Grace Kinsella, Casey Robyn

Fun with Flowers - Felicia Mellon

Historian - Peg Babcock

Hospitality - Laura Torrey Kettell

Lunch Around - Dianne Barkley, Judy Miller

Mahjongg - Kearby Parker

Needless - Joyce Miller

Newsletter Editor - Tracy Stevenson

Newsletter/Manual Distribution - Carol Morgan

Social Media - Shevawn Everett, Jeanne Pilcher

Special Events Epicurean - Natalie Costello

Special Events Trips - Linda Houghton, Sharon Lindberg

Special Event White Oak Conservation - Trish Arnett

Stories Lives - Nan Healy

Website - Peg Babcock

Dates to Remember

Feb. 15	Storied Lives 10 am
Feb. 16	Valentine Program/Luncheon
Feb. 16	After Hours Happy Hour
Feb. 22	Book Group discussion 4pm
Feb. 23	Dinner at Preserved
Mar. 6	Fun With Flowers 1-3pm
Mar. 9	Needlers 1-3pm
Mar. 16	Every Day, Holy Day 3-4pm
Mar. 17	Cummers Museum 11am
Mar. 15	Storied Lives 10am
Mar. 22	Book Group discussion 4pm
Mar. 23	Every Day, Holy Day 3-4pm
Mar. 29	White Oak Conservation Tour/Lunch
Mar. 30	Every Day, Holy Day 3-4pm
Apr. 6	Every Day, Holy Day 3-4pm
Apr. 20	Fashion Show 2022
Apr. 30	Fun With Flowers 1-3pm

Open mahjongg - Mondays 1- 4 pm Clubhouse

Lisa Grabeman maintains the Sawgrass Women's Club Master Calendar. When planning activities please contact her for date availability at: (937) 623-8483 or grabeman@msn.com

Send newsletter articles

to: traceskier@att.net

Deadline for information to be included in the Newsletter is the **8th** of the month prior to the next issue.

Sawgrass Women's Club Cares

Please notify Lisa Grabeman at (937)623-8483 or grabeman@msn.com concerning Sawgrass Women's Club members who are experiencing life situations which warrant notes of sympathy or encouragement.



Are you crafty? If so, we are looking for someone to head up the Arts & Crafts committee since our favorite crafter Dorothy Flannery has retired. Let Prez Elise know if you are interested!



The Sawgrass Women's Club Fashion Show is almost here. You **DO NOT** want to miss this year's **CELEBRITY** male guest models from the most **PRESTIGIOUS** boutique in town! Join us for your

PASSPORT TO STYLE!



The SWC Annual Fashion Show
At the Golf Clubhouse

April 20, 2022

Doors open 10:30 am - Show begins 11:00 am
Followed by luncheon

\$48 per person

Registration opens March 14 at
www.sawgrasswomensclub.com

If you need to cancel, please contact the event chair, Casey Robyn ceerobyn@yahoo.com so that a member on the waitlist will have the opportunity to attend. Cancellation deadline is April 12. No refunds will be issued after this date unless your spot can be filled from the waitlist.

Make sure to arrive when the doors open for a sneak peek and advance shopping in the boutique pop-up shops!

Wish to be a part of the show? We are looking for a few more models and additional volunteers to assist with welcoming and guiding guests, assisting models with wardrobe, etc.

Please contact Grace Kinsella gracekin@comcast.net or Casey Robyn ceerobyn@yahoo.com to express your interest. Thank you.

Day Trippers at the GTM Preserve



Fun With Flowers



Needlers Kathy Cohen and Deb Holton finishing a charity blanket

I remember when I got the news...I might be a guest on David Letterman.

It was Autumn in New York, I had just flown in from Chicago, it was a perfect fall day. My daughter, Caitlin, was in her studio working on her senior show. Before she saw me, I watched her balanced on a ladder weaving colorful strips of New York Times newsprint

over an eight by eight foot canvas she made from paper mache and egg cartons. Her show would feature four of these large, beautiful, paper quilts full of pattern and glue and social commentary. It would take a U-Haul to move the quilts from her studio to her college exhibit space at The Cooper Union in the East Village. That move would happen with two big guys, yards of bubble wrap and heavy winds later in the week.

I loved being in New York with Cait. I loved hanging in the warehouse studio Cait shared with pigeons and fellow artists who were painting, pounding, smoking, drinking, dancing their way into the New York art scene. For the next week I'd ditch the makeup, relax in my moth-eaten cashmere sweater and old jeans, and carry in lots of vegan food and bubble tea. But for now, Cait was still in personal crunch mode. She gave me a sticky hug and suggested that I go enjoy the day, see new exhibits at the Guggenheim, the Frick, the Whitney, make the impossible choice between 2nd Avenue Deli and Russ & Daughters for lunch, and meet her for a late dinner.

I decided to grab coffee first. While waiting in line at Hello Deli next to the Ed Sullivan Theatre, home of The Letterman Show, a young woman in a Letterman T shirt joined the line behind me. She chatted with me and the woman in front of me, telling us she was a Letterman producer and needed two people with crazy job stories to join the 4 pm taping. If we could be those people, we would have second row seats and the likelihood that Dave would involve us in a segment. Could watching Letterman live come off my bucket list?

Without missing a beat, the woman in front of me said she was an ER nurse and had a million crazy stories of people and objects that made their way into the ER. She told us about a well-endowed, unconscious guy who arrived in tight disco pants, smelling like an Italian restaurant. The exam found that he had a 14-inch polish sausage taped to the inside of his thigh. The producer said, "oh my", chuckled, paused, then invited the nurse to stay for the taping.

The young producer then turned to me. I told her I was a Chicago private investigator with a few crazy stories. Top of my list, I found about 100 dying canaries in a hot garage while looking for a bad guy. The longer I waited, the more the birds moaned and fell from their perches. I finally risked giving them food and water, the birds perked up but before I could hide again, the door opened. In walked the bad guy. He smiled and said, "Thanks for taking care of my birdies, Adam and me just finished up in Pittsburgh, Carla said you'd take care of me, here's your \$300". I took the money and thanked him. His one sentence busted two bad guys and a bad girl. The birds went to animal control. And I, too, got the second-row invite.

The young producer told the guy at the deli counter to charge our food to Letterman and showed us to a table reserved for staff. A senior producer took our bios and asked that we send our Top Ten List of Crazy Job Stories to him by noon; these would be on Letterman's desk to use as segment filler. He also advised that the camera may pan to us and that we should be TV ready.

My Top Ten List: The Dying Canaries; The Pit Bull That Ate My Tire; Learning to Off-Track Bet on Gyro Wrappers; The Dead Guy's Rolex and a Pop-Tart Box; The Not-Disabled Pig Farmer with a Windmill Putting Green; The Not-Little Person who Robbed Currency Exchanges; Living in Public Housing to Find a Blue Coat Hanger; The Elk Club's Secret Door; The Muffler Shop's Radio Signals; Raiding a Church Basement.

The ER nurse and I cracked each other up with our stories. We emailed our lists and met back up in the VIP line several hours later. We were ushered to our perfect seats just in front of the stage. We applied more lipstick. We saw a stack of papers on Dave's desk, then we saw Dave, and then we saw Dave grinning at what he saw. The nurse was giddy; I was terrified. And then, two, huge camera cranes parked smack dab in front of us, the show began, and we could see only pieces of Dave, pieces of his guests and a sliver of a lizard with a trainer. We gave up on being Dave's interesting guests. There wasn't a producer in sight as we exited cattle-style. The nurse and I had a drink nearby, a good laugh, and exchanged phone numbers we'd never use.

I met Cait later for dinner at a vegan place in the Village. She asked me about my day. I told her I finally got to see Letterman live and how that came to be. She laughed and said let me guess, I bet you used the canary story. I asked Cait about her day. She said that she finally figured out how to fortify her egg carton canvasses for heavy winds. I laughed and said let me guess, I bet you used duct tape.

