



THE SEA BREEZE

Sawgrass Women's Club Monthly Newsletter

March, 2024

Message from the President



*Spring is breaking out
all over!*

*"Some people are so much
sunshine to the square inch."*

Walt Whitman

Spring brings us longer days and more sunshine! And this brings us more flowers and more joy! And more opportunities to participate in Women's Club activities!

We have a visit to the Cummer Museum Special Exhibit—March is Women's History Month and the exhibit gives us athletic fashions through the ages. In keeping with a spring theme, we have Fun with Flowers and be sure to register for our popular Fashion Show—Spring Awakening: Fashion in Full Bloom! If you missed the deadline to sign up for our bus trip to Mount Dora, sign up for the wait list—you might still have the opportunity to go! Our March program is sure to provide us with valuable information on estate planning for ourselves and/or our parents. We have pickleball at the Yards for those enthusiasts and check out our regular activities in this newsletter or on our website! Join us for Happy Hour at the Beach Club on March 21st and meet new and interesting colleagues!

I'd like to give a special shout-out to Tracy Stevenson and Mary Jean Spegal for putting together and distributing our newsletter to keep us up to date on all that is happening!



*Be a ray of sunshine to
someone today!*

Nan Healy

SWC March Program Monday, March 18, 2024

10:00 a.m. Social ~ 10:30 a.m. Program

Business Meeting to Follow

Reservations are required ~ Reserve on-line at
<https://www.sawgrasswomensclub.com/event-sign-up>

**Sorry for your loss. Oh, it's me! Now What?
with Emily Hicks**



Do you know who your parents' broker is? Do your children know your computer and phone passwords? No one likes to imagine the death of a loved one, but having a roadmap of where things are and what needs to be done before it's necessary can give great peace of mind today.

On March 18th, local attorney Emily Hicks will speak to us on this subject. Raised in Perry, Florida, Emily has been a Jacksonville area resident since 2006. She is a graduate of Florida State University and Pace University Law School. After years of representing corporations and working at legal firms, she formed her own practice in 2011. She focuses her practice on estate planning and elder law, as she helps families and small business owners protect their assets and life's work.



Please plan to join us for ideas of how to start these conversations in your family.

After Hours

Katie Tartt

The Yards Pickleball Play

Date: Wednesday, March 6th
Time: 4:00 p.m. - 6:00 p.m.
Location: The Yards (254 Alta Mar Dr.)
Cost: \$30 plus nominal fee
MAX 20 guests, sign up online.



Bring your own paddle & pickleball or rent there (\$7 paddles, \$3.50 Pickleball).

Bunco

Date: Tuesday, March 19th
Time: 6:00 p.m. - 8:00 p.m.
Location: Leigh Warren's (833 Tournament Rd)



\$10 to play and light snacks provided. BYOB!

Email Katie at katherinetartt@me.com

SWC Happy Hour!

Date: Thursday, March 21st
Time: 5:00 p.m. - 7:00 p.m.
Location: The Beach Club Pavilion



No RSVP required, just show up!

Needlers

Joyce Miller

If you enjoy and know how to knit, crochet, or any other kind of needlework, bring your project to the Needlers! We meet on the second Wednesday of every month, from 1:00 p.m. - 3:00 p.m. at the Beach Club. The next meeting will be March 13th. For more information, kindly contact Joyce Miller at joyceamiller@me.com.

Mahjongg

Cathy Edge /
Betty MacGilvray

SWC Mahjongg players meet at the Beach Club (Topsider) Mondays from 1:00 p.m. - 4:00 p.m. for drop-in games. Beginners to advanced players are welcome.



Interested in group mahjong lessons? Please contact Cathy at catherineaedge@gmail.com or Betty at emarymac3@gmail.com to receive current information.

Canasta

Sara-Ann Gomez

Canasta is here and thriving. We are playing on Tuesdays from 1:00 p.m. to 3:00 p.m. in Oceans Edge South at the Beach Club.



If you are new to the game or the Sawgrass Rules for Canasta, please contact Sara Gomez at 914-393-9681 or email gomezaraann@gmail.com. She is willing to teach and help anyone get started.

Spring Fun Facts:

1. The first St. Patrick's Day Parade in the world was held in New York City in 1762.
2. If you stand on the equator on either equinox, the sun will appear directly overhead in a straight line.
3. The ancient Egyptians built the Great Sphinx facing directly towards the rising sun on the spring equinox.
4. There is more daylight on spring equinox because the Earth's axis is tilted toward the sun and because of daylight savings time. Ben Franklin proposed Daylight Savings time in 1784.

Storied Lives

Deb Holton

Our March prompt:

We've all had them.... the terrible haircut or the makeover whose outcome just wasn't nearly as expected, or that hairstyle from decades ago that when you look at pictures today you say out loud "What was I thinking?" This month's topic is a memorable beauty fail. Please bring a picture to share if you have one!



We will meet at the Beach Club Pavilion at 4:00 p.m. on Monday, March 18th. There's a dual benefit...you get to spend an hour laughing and reminiscing with some awesome women and you can secure your table early for Burger Night.

Please remember you don't need to be a writer to have an amazing time with this fun group of women. A quick one pager with your thoughts is really a conversation starter!

For more information, contact [Deb Holton at debholton@gmail.com](mailto:debholton@gmail.com).

**A message from Historian,
Anne Morgan**

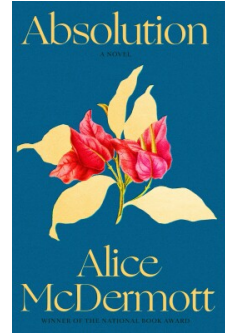
There are great SWC gatherings happening weekly! If you take photos while attending an event, please send them to Anne Morgan, so she can post them to the SWC website, archiving them for the future. Send them to her email: peteandannmorgan@gmail.com

SEND IN YOUR PHOTOS!

Book Club

Anne Morgan /
Jill Mountan

Join the SWC Book Club for our **March 26th** gathering. In **March**, we will be discussing *Absolution* by Alice McDermott. In Saigon in 1963, two young American wives form a wary alliance. Tricia is a starry-eyed newlywed, married to a rising oil engineer "on loan" to US Navy Intelligence. Charlene is a practiced corporate spouse and mother of three, a talented hostess and determined altruist, on a mission to relieve the "wretchedness" she sees all around her. *Absolution* takes the form of memories shared between two American women some 60 years after they left Saigon.



We meet in the Miller Room at the Sawgrass Clubhouse at 4:00 p.m. Arrive early if you'd like to get a drink from the pub. Be sure to RSVP on the event sign-up page of the SWC website so we have enough chairs for everyone. We look forward to seeing you there!

In **April**, we will be discussing *The Island of Missing Trees*, a best-selling novel written by Elif Shafak. Set against the 1974 Greek and Turkish conflict in Cyprus, the book spans multiple timelines. It follows the love story of Greek Cypriot Kostas and Turkish Cypriot Defne, their eventual migration to London, and the impact of their past and their history on their daughter Ada, whose only connection to Cyprus is the fig tree in her garden. Elif Shafak is an award-winning British-Turkish novelist, whose work has received a number of accolades and awards.



For more information, contact [Jill Mountan at jillmountan@yahoo.com](mailto:jillmountan@yahoo.com) or Anne Morgan at Peteandannemorgan@gmail.com.

Games, Inc.

Elly Stephens

GAMES, INC meets the 2nd and 4th Wednesdays.

However, for March, we will only meet on the 27th due to the TPC event earlier in the month.



Join us for a wide variety of games among a growing group of ladies ~ grab your favorite card or board game, your favorite beverage and take a seat for a couple hours of laughs. GAMES are provided for your enjoyment ~ popularity of the games new to this crowd is exploding, and no prior knowledge of any game is required ~ simplicity is the rule, and we promise you will learn any of these games quickly.

We hope to see you in the Miller Room, Sawgrass Country Club from 4:00 p.m. – 6:00 p.m., the 2nd and 4th Wednesdays of the month.

Contact Elly Stephens with any questions at elainestephens96@gmail.com or 843-540-0156.



Fun with Flowers (and Keith!)

Elise Beard



Please join us for our last session of Fun with Flowers & Keith: **Spring has Sprung edition!** We will make a beautiful arrangement that screams SPRING! and learn cool things about flowers. All with your favorite friends. You are also invited to stay afterwards for social time at the Sawgrass Pub. **Registration begins Monday, February 19th and closes Tuesday, March 20th at 4:00 p.m. - or after we reach 40 ladies.** Register early and avoid the waitlist!

Date: **Sunday, March 24th**

Location: **Miller Room at Sawgrass Country Club**

Time: **3:30 p.m. – 5:00 p.m.**

Maximum Number: **40**

Cost: **\$41.50 (all supplies included)**

Registration/Payment Online: **Begins Monday, February 19th and ends Tuesday, March 20th.**

Special Event

Elaine Stephens /
Sharon Jones

SWC 2024 Bus Trip to Mount Dora

Registration for the Bus Trip to Mount Dora, FL is full. However, if you missed the deadline and still hope to join us, please go online and register under the 'Wait List' button. The list is generated on a first-come first-serve basis. Upon receiving a cancellation, the first person on the wait list will receive an email from Peg Babcock with a link to pay for their registration for the trip. We hope you are able to join us!

Riverside Walking Tour and Lunch



On **Wednesday, February 28th**, please join us for a **2-hour walking tour of Jacksonville's Riverside neighborhood**. This is the area that stretches along the St. John's River from the Cummer Museum to Avondale and includes Memorial Park and the area called Five Points. The walk will be led by popular guide Gary Sass of AdLibTours who has led several DayTrippers tours for us in the past. **We'll have lunch afterwards at the Blue Orchid Restaurant.**

Date: Wednesday, February 28th

Time: Tour 9:45 a.m. - 11:45 a.m., Lunch 12 noon - 1 p.m.

Meeting Place: Parking lot of Blue Orchid Restaurant, 1551 Riverside Ave., Jacksonville

Transportation: Car pool with other tour participants.

Cost: \$20 per person for the tour, separate checks for lunch on the day of the event.

Registration/Payment Online: Registration is currently full, so please sign up on the waitlist.

Please join us! **Contact Barbara Maletz at 551-580-0039 (voice or text) with your questions or concerns.**

Cummer Museum Tour and Lunch



Docent-led tour of Cummer Museum to include special exhibit "Sporting Fashion: Outdoor Girls 1800 to 1960" followed by lunch at Cummer Cafe.

Date: Friday, April 5, 2024

Time: Tour at 11 am; Lunch to follow

Place: 829 Riverside Ave, Jacksonville, FL

Cost: \$45.40 (\$25 for tour (includes all-day admission), \$20.40 for lunch)

Maximum number: 20

Registration Deadline: Thursday, March 28th

Lunch Around

Lisa Grabeman



Mark your calendars for our next "Lunch Around", **April 25th at the Argyle Restaurant**. The Argyle provides a swanky and welcoming atmosphere for a modern day dining

experience. Members will order from the provided menu and will be responsible for the cost of their own meal. Sign up will begin the 25th of March. Please email [Lisa Grabeman](mailto:grabeman@msn.com) with any questions at grabeman@msn.com.

Time: 12:00 p.m.

Location: 254 Alta Mar Drive

Maximum Number of People: 20

Registration: Begins March 25th and ends April 23rd.

STORIED LIVES

My Musical New Year's Resolution

My story was going to be about what I discovered about an app I saw on one of the minor TV channels about betting on yourself for weight loss. I thought this was absurd and then started contemplating the business case for this. When I googled this, I found that there are multiple sites that do this. Basically, you wager an amount monthly that you will make your goal weight, but the catch is that it is a 6-month commitment. If you make it, you get a higher payoff than what you bet. You can also “buy” more months with some penalties. My “a hah” moment was the length of the commitment. We, as a society, are typically bad at longer term resolutions hence the business case makes sense. So, consider this your fun fact for the day! You're welcome!

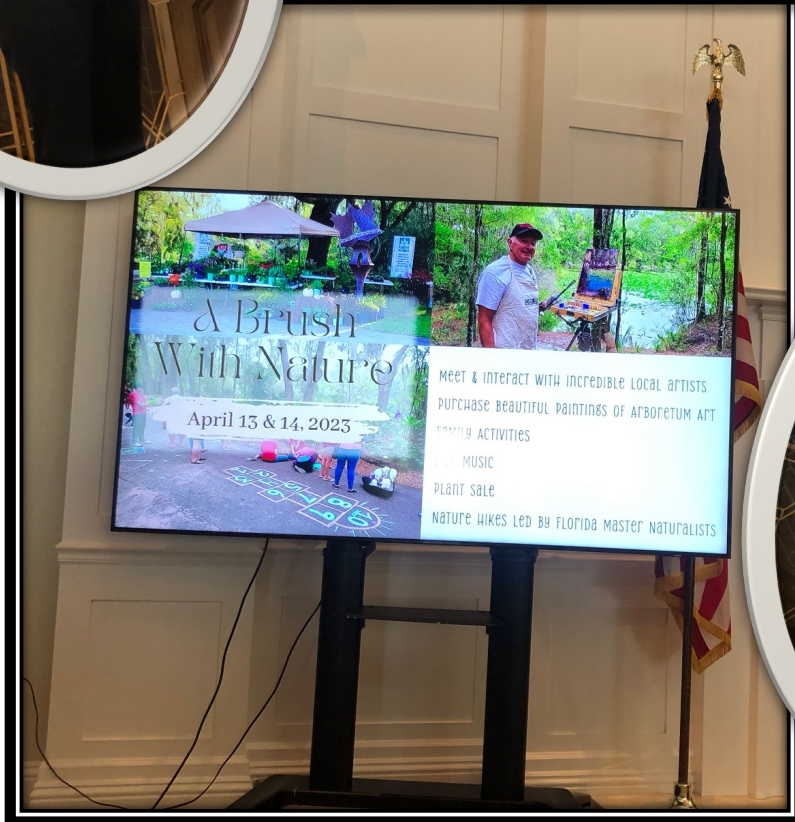
But I digress... My most notable New Year's resolution was that I was going to learn to play the piano. As a kid, I was sent for ballet lessons; it was a hard no on piano lessons even though I whined about it frequently. There were probably a couple of reasons for that. First, we didn't own a piano; second, there was no room for a piano (we had a family of 6, multiple pets and our house was 1026 sq. ft); third, I could go to my ballet lessons by bus but there was no transportation to a piano lesson. Carpooling did not exist in my neighborhood; every parent worked. Fast forward twenty plus years... we had moved to Jacksonville the year before. I was settled in my new job, and this was beginning to feel like home. It felt like it was time to begin my musical career. One Christmas, Scott and I went to the Orange Park Mall, and I immediately gravitated to the Nice House of Music store where I lovingly touched all the pianos. Low and behold, a piano was delivered to our house right before Christmas. Scott had surprised me. It took a couple of months to find a piano teacher, but I was now off and running, chasing my childhood dream.

My lessons were a disaster from the first one to the last. I had terrible performance anxiety and absolutely no musical talent. A bad combination from the get-go! On top of those limitations, my piano teacher reminded me of my mean, second grade teacher. She was a tall, cylindrical lady that never smiled. But we both persevered for a couple of months before we knew this wasn't going anywhere. Since she taught children, she wanted to see if teaching an adult could expand her student base, so I was her guinea pig. But in a time of her extreme frustration with me she said, and I quote, “I have never suggested this before to any of my students, but I suggest you drink before you come”. So, after a couple more lessons, I gave up my hope of being a concert pianist, or at least playing “Twinkle, twinkle little star” all the way through on the first try.

So, the piano sat in our living room for years, being regularly dusted and polished. It was the official place to display Christmas cards and family pictures. But years later when our son was four, he started his musical adventures on that piano and it finally got played the way it deserved.



February Program with Dana Doody



Membership

Mary Jean Spegal

swcpvmembership@gmail.com

704-277-4274



The Sawgrass Women's Club Membership stands at 417 members for the 2023-24 year. 53 of these members are new. Please extend a warm welcome to our newest members: Patty Auck, Charlyn Barrett, Helen Dunn, Liz Dwyer, Mary Ford, Coke Larsen, Rita Meltzer, Shannon Mulcahy, and Marcey Schaefer.

Once again, the SWC Online Directory is up and running. Please note that this will be the only directory we will be using this year. If you haven't already done so, review your personal information and verify that it is correct. You may access the Online Directory by going to www.sawgrasswomensclub.com and clicking on Members Only. From there you can enter the password that has been sent to you when you joined or renewed your membership. Feel free to contact the Membership Chair, Mary Jean Spegal, if you need help getting into this directory.



3/1 Judy Kontny; 3/5 Charlynn Barrett, Christy Callinan; 3/6 Angela Chandler, Francine Serur-Pauley; 3/7 Frankie Felty, Susan Walker; 3/8 Sharon Jones; 3/9 Barbara Conroy, Anne Horton, Nancy McPherson; 3/10 Lynn Gordon; 3/11 Mary Herald, Marcey Schaefer; 3/12 Marilynnda Vianna; 3/13 Celeste Graneto, Stephanie Sabato; 3/14 Tina Townsend; 3/15 Suzanne Trammell; 3/16 Terri Glaze; 3/17 Cindy Feeley, Katherine Ham; 3/18 Susan Latshaw, Victoria Vigil; 3/19 Carolyn Derby; 3/20 Rosemary Crimmins; 3/21 Michelle Frey, Colleen Makey; 3/22 Ann Williams; 3/23 Shannon Mulcahy; 3/26 Sandy Eyster, Sandy Tokarz; 3/28 Maggie Wyand; 3/29 Suzie Maxson; 3/31 Michelle Purdy.

Remember to always visit our Facebook page and website:

[Sawgrasswomensclubpontevedrabeach](https://www.facebook.com/Sawgrasswomensclubpontevedrabeach)

www.sawgrasswomensclub.com

2023-2024 Officers

President - Nan Healy
1st Vice President, Programs - Cindy Feeley
2nd Vice President, Membership - Mary Jean Spegal
3rd Vice President, Health & Wellness - Katie Tartt
Treasurer - Martha Hayes
Recording Secretary - Mary Beth DeBrueys
Corresponding Secretary/Master Calendar - Casey Robyn
Parliamentarian - Gail Nangle
Website - Peg Babcock

Advisory Board

Book Club - Anne Morgan / Jill Mountain
Bridge, Chicago - Karla Dunham
Bridge, Duplicate - Diane Cannon
Bridge Lessons - Sharon Lindberg
Canasta - Sara Gomez
Communications - Mary Jean Spegal
Day Trippers - Barbara Maletz
Decorations - Paula Larsen
Fashion Show - Casey Robyn
Fun with Flowers - Elise Beard
Historian - Anne Morgan
Hospitality - Betty MacGilvray
Lunch Around - Lisa Grabeman
Mahjongg - Cathy Edge, Betty MacGilvray
Needlers - Joyce Miller
Newsletter Editor / Publisher - Tracy Stevenson
Social Media - Cheryl Maduzia
Special Events Trips - Elly Stephens, Sharon Jones
Storied Lives - Deb Holton

Dates to Remember

Feb. 27 Book Club 4:00 p.m.
Feb. 28 Day Trippers (Riverside Walking Tour) 9:45 a.m.
Mar. 6 The Yards Pickleball 4:00 p.m. - 6:00 p.m.
Mar. 18 General Meeting 10:00 a.m.
Mar. 18 Storied Lives 4:00 p.m.
Mar. 19 Bunco 6:00 p.m. - 8:00 p.m.
Mar. 24 Fun with Flowers 3:30 p.m. - 5:00 p.m.
Mar. 26 Book Club 4:00 p.m.
Mar. 27 Happy Hour 5:00 p.m. - 7:00 p.m.
Apr. 10 Spring Fashion Show 10:30 a.m.
Apr. 17 Bus Trip to Mt. Dora
Apr. 25 Lunch Around - Argyle 12:00 p.m.

Run Club - Tuesdays 8:30 a.m.
Open mahjongg - Mondays 1- 4pm Beach Club
Open canasta - Tuesdays 1-3pm Beach Club
Duplicate Bridge - 1st and 3rd Mondays
Games - 2nd and 4th Wednesdays

Casey Robyn maintains the Sawgrass Women's Club Master Calendar. When planning activities please contact her for date availability at: ceerobyn@yahoo.com

Send newsletter articles to: traceskier@att.net
Deadline for information to be included in the Newsletter is the 6th of the month prior to the next issue.

Sawgrass Women's Club Cares
Please notify [Casey Robyn at \(937\)623-8483](mailto:CaseyRobyn@937623-8483) concerning Sawgrass Women's Club members who are experiencing life situations which warrant notes of sympathy or encouragement.